

THE PERFECT MINDSET

1. UNCOVER AND HOLD YOUR PRIMARY DESIRES

There are primary and secondary desires. Primary desires are not based on time and so you can have them throughout your entire life. They are often your deepest desires. Love is an example of a primary desire. If you wish for a primary desire, simply uncover it now and hold it.

There are also secondary desires. Secondary desires are based on time. They are things such as achieving career milestones, buying a house or meeting a relationship partner. As they are based on time, you cannot always have them your entire life through.

Most people go for secondary desires as an effort to try and achieve their primary desires. They believe, for example, that once they meet their relationship partner they will be completely filled with love. However, this is not the best method to achieve your primary desires. Remember, primary desires are not based on time, so you can have them your entire life through, whilst you are moving towards your secondary desires.

2. HAVE CLEAR VISION

To have clear vision is to see everything as close to its true reality as possible. Both when it comes to yourself and the world around you.

There are many paths to clear vision. Internally, you can make your subconscious desires conscious, discover and discard your limiting beliefs. You can learn about the world through wisdom.

However, there are limitations to knowing all. And we must be clear in knowing these limitations.

The ultimate ability of clear vision is called *the clear light*. This is where you reach a state of being where everything you feel you need to know is instantly clear to you and knowable. Where everything clicks.

3. BE OPEN TO PERFECTION

Being open to perfection means that you are open to achieving your true desires. By being open to your desires you are more likely to achieve them.

But at the same time do not be bound by them. For what God/The Universe/The overall system has in store for you could be greater than you could ever imagine.

So, it is being open but not bound.

4. YOU ARE READY NOW

Too many people put off living the life of their dreams, waiting for a magical moment to suddenly be ready or worthy. But you are ready now to live a life of perfection. You are ready now to live your primary desires. And you are ready to move towards your secondary desires.

5. SURRENDER TO THE CHAOS WITH FAITH

On the quest towards your true desires, you must surrender to the unknown and to what may seem like chaos. And as you do this, you must have faith that you will eventually see order. That the chaos was not truly chaos, that it has been leading you to exactly where you need to be.

6. DISCOVER THE FLOW STATE

Discover the flow state which leads you towards your true desires.

When you find this flow, sometimes it will lead you away from what you seek as it is not your true desire, or because you are not yet ready for a particular secondary desire.

Other times you will become in sync with the flow state and it will allow your true desires to manifest seamlessly.

Once you are in this flow state, enjoy the gifts of the universe and of your true desires for as long as they are your true desires. This will keep you in the flow state. As when you enjoy the gifts given to you, the universe realises that you are ready for your true desires and will send you more. When you stop enjoying these gifts or you refuse them, the universe will believe they are no longer your true desires, or you are not ready for them after all and you will no longer remain in the flow state when it comes to easily manifesting this desire.

7. UNCOVER AND CREATE PERFECTION

Uncover and create perfection in every moment. This is the actualisation of having the life of your dreams.

8. SEE THE ORDER AND CONTINUE

See the order. How everything has worked out perfectly, and that even when there were times which appeared like chaos, there was actually order. And continue to uncover and create more perfections.

*When all of the above steps are followed, one is self-actualised.

ABOUT THE AUTHOR



Photo courtesy of Nikki Brown – www.nikkibrown.com.au

Born in Mount Isa, George Sourrys now lives on the Gold Coast, Australia. He has a Bachelor of Psychological Science and has worked both in finance and as a model. George's passions are his life, his family and the natural world.

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